



## **1st4sport Level 3 Certificate in Coaching Football (UEFA B) Refresher**

**Course details 2008/09**

### **Medical Information and Physical Requirements**

#### **Medical Information**

If you have any medical conditions which limit/hinder your involvement or participation in coaching activities, you are obliged to declare any relevant, current or previous injuries/illnesses. If you are diagnosed as an asthmatic, diabetic or epileptic, or have any allergies that the course staff needs to be aware of, you must advise us accordingly. Please note, a declaration of injury or illness does not automatically preclude you from any course.

You should further be aware that if you are on a regular course of medication for any condition, you must have sufficient medication to cover you throughout the course. Although first aid cover is provided (where applicable) during courses, no doctor is available to replenish regular medication, nor is there any facility to deliver medical treatment for chronic (longstanding) medical conditions.

Please provide any relevant information regarding the above Medical Information during the application process.

#### **Physical Requirements**

The course may be physically demanding. Students will be required to participate in practical sessions. Students should come prepared and be physically fit when arriving on the course.

Please note that if a student has a disability that may prevent them participating actively in the practical sessions, then this should be made known to the course organiser at the point of registration. The course organiser will then take any necessary steps to cater for the student's requirements which may include bringing in footballers to ensure there are sufficient numbers of players.